# **Task Guidelines**

#### Assessment task

**Digital Presentation** 

## Weighting

30%

## Word Count

Total 10 minutes + 500 words or equivalent +/- 10%

#### Relevance

Leading and participation in change of clinical practice is fundamental to nursing work. This activity presents an opportunity for students to use a theory of change management to gain knowledge of core leadership principles. It is expected that this activity will foster deeper understanding of change leadership in the nursing context.

## **Learning Outcomes**

1,2,3,4

## Due Date: 14/6/23, 22:29 ACST

**Instructions:** Based on the case study below, you must prepare, record and submit a 10-minute presentation. You must use presentation slide(s) totaling 500 words or equivalent (diagrams, tables or pictures are not included in your word count) and narrate (in first person) how you would develop and propose a plan to lead the practice changes required to address the issues identified from the case study.

# Background

Charles Darwin University Hospital (CDU) is just 5 mins from Paradise Falls Shopping Village and 10 mins Adventure City. The fictional hospital is proudly part of the equally bogus Ellie Fredricksen Foundation Trus

You are one of the nurse leaders at KevinCare and have been working there for 2 years full-time as a Clinica Educator. You and your team of 20 registered nurses and 10 enrolled nurses provide educational programs to adult residents who attend clinics and stay for respite due to chronic pain. Along with registered and enrolled KevinCare is staffed by assistants in nursing, kitchen, cleaning and administrative staff. A Director of Nursin Deputy Director of Nursing and a Business Manager oversee the operations of the facility. The services of a Diversional Therapist, a Physiotherapist, a Pharmacist and several Doctors from the local general practice are employed by the facility.

Chronic pain is complex and the most effective way to manage this is to approach it from many angles. A multidisciplinary program is the best way to provide holistic and evidence-based care. Your team offers educ programs that aim to improve a person's ability to manage and live life again despite their chronic pain. The pof KevinCare is to help facilitate assessment and treatment for people to regain and sustain their function acr lifespan.

KevinCare is proud to be a multidisciplinary team committed to closing the gap for Aboriginal and Torres St Islander people living with chronic pain. You and your team have been offering clinic sessions for patients w identify as a First Nations person in Adventure City.

# Issue for review

In response to clinical governance and a recent risk assessment incident, the Director of Nursing Carl is compugrade the facility's documentation practices. One of the residents, Dug has been attending respite for 1 we chronic pain secondary to multiple sclerosis (MS). Russell is an RN in your team and has been caring for Duyesterday. Whilst on his medication round, Russell asked Dug if he would like his analgesia which was prese 08:00 ACST. Dug declined and informed Russell that he would be smoking cannabis which he had grown hi potted plant in the communal garden.

Russell knew that KevinCare has a no-smoking policy and also medicinal use of cannabis is not prescribed a Fredricksen Foundation Trust. Russell advised Dug that he can decline his analgesia but must not smoke whi facility grounds. Russell then approached you for advice on how to change this practice and allow residents I to use cannabis legally for the treatment of chronic pain.

**Task:** In your presentation, you are to develop and present a plan to lead the practice changes required to address the issue for review.

- 1. Using Lewin's Change Theory (Unfreezing, Movement, Refreezing) present how you will successfully implement change, maintain change and avoid resistance to change.
- 2. Describe and explain the following principles of leadership to support your plan. How will you:
- Developing your team(s)
- Build a nurturing, positive workplace culture
- Motivate your team members
- Empower your team members
- $\circ \quad \text{Develop your emotional intelligence}$
- Enable effective change

3. Show in-depth knowledge and understanding of the concept of Lewin's Change Theory by supporting your statements with literature.

Tip: Remember the focus is on leadership and not on the nuances of clinical practice.

- Introduction (1 slide, 1 minute)
- What you propose will occur during the Unfreezing stage with implementation of relevant leadership principles (2 slides)
- What you propose will occur during the Changing (Movement) stage with implementation of relevant leadership principles (2 slides)
- What you propose will occur during the Refreezing stage with implementation of relevant leadership principles (2 slides)
- Conclusion (1 slide, 1 minute)

This is a suggested guide, and it is by no means ridged (you can use whatever headings you like or feel will flow well in your presentation).

#### Supportive resources

Department of Health and Aged Care: Therapeutic Goods Administration (2017). <u>Guidance for the use of medicinal cannabis in the treatment of chronic non-cancer pain in Australia</u> Australian Government. https://www.tga.gov.au/resources/publication/publications/guidance-use-medicinal-cannabis-treatment-chronic-non-cancer-pain-australia

Department of Health (2021). <u>National Strategic Action Plan for Pain Management</u> Australian Government. https://www.health.gov.au/sites/default/files/documents/2021/05/the-national-strategic-action-plan-for-pain-management-the-national-strategic-action-plan-for-pain-management.pdf

#### **Marking Instructions**

Please refer to the marking rubric to guide your preparation of this assessment item.

#### S123 NUR367 - Assessment 4 Marking Rubric - Presentation.pdf

- Powerpoint (or other digital technology) presentation with the audio function must be used for this task. The slides should inform and engage the viewer
- On your introduction slide, include the following details: LASTNAME, Firstname, student number - S123 NUR367 Assessment 4
- Students can decide on the font appropriate for the slides, keeping in mind that the use of italics, light coloured font and small size font can make slides difficult to read
- The audio must be clear and engaging with a clear message
- Referencing style must following <u>CDU APA 7th Referencing Style 2022</u> with a minimum of 5 journal articles, studies, books or other literature to support your statements. For best marks, use references published within the last 5 to 7 years