



ASSESSMENT 3 BRIEF	
Subject Code and Title	MHC303
Assessment	Assessment 3 Case Study: Written Case Notes and Management Plan
Individual/Group	Individual
Length	2000 words (+/- 10%)
Learning Outcomes	The Subject Learning Outcomes demonstrated by successful completion of the task below include: c) Examine and apply nursing interventions and selected cognitive and behavioural techniques in the care and management of people with mental health conditions SLO d) Demonstrate appropriate person-centred care including comprehensive documentation and appropriate referral within a multi-disciplinary team. e) Demonstrate skills in the interprofessional clinical management of specific psychiatric conditions. SLO g) Demonstrate appropriate person-centred care including comprehensive documentation and appropriate referral within a multi-disciplinary team
Submission	End of Module 4.2 (Week 8)
Weighting	60%
Total Marks	100 Marks

Assessment Task

Assignment 2 involves the written component of your response to the case scenario that you performed your role play (simulation) in Assessment 1. This task requires you to embrace major mental health concerns or issues identified through MSE and RA in assessment-2, and then develop a detailed management plan considering recovery-focussed multidisciplinary team approach, and therapeutic nursing interventions such as CBT or de-escalation techniques, psychoeducation, psychopharmacological education. You are required to document major issues, nursing interventions and strategies including your communication to other health professionals working in the multi-disciplinary team. This will include written case notes (progress notes) based on your MSE and Risk Assessment findings from Assessment 1, from which you will devise a management plan.

Please refer to the Task Instructions for details on how to complete this task.

Context

Based on the analysis of your findings from MSE & RA conducted for the case scenario in assessment -1 simulation. You are required to write the major mental health concerns/issues along with clinical manifestations and recovery-focussed nursing interventions including multidisciplinary team approach. This will reflect your in-depth and critical knowledge and skills in understanding mental health issues, management approaches, and nurses and multidisciplinary team's roles.

Concise and accurate communication with the health care team, including doctors, nurses and allied health staff is an important role of the registered nurse. Providing clear communication in the case notes (progress notes), which will include the management plan is crucial to ensure all staff are informed about important details regarding the patient's presentation and mental state on the ward. This facilitates effective nursing care of patients and protects staff by providing them with all relevant facts relating to the patient.

This assignment will develop your practical skills as a mental health nurse, giving you the training to engage in activities and tasks relevant to everyday nursing practise.

Instructions

Following on from assessment 1, this assignment involves the written component of your response and management of the case.

You are asked to document the case notes (progress notes) relevant to the case scenario, including management plan. In addition, you will document key details regarding the client that you would provide in the clinical handover that occurs at the end of each shift.

Please complete the following steps relating to the case scenario from assessment 1:

1). Detail nursing impression (out of assessment) and **management plan – 1500 words (+/- 10%)**:

You will need to draw information from the MSE and risk assessment you completed based on the case scenario presented for the role-play in Assessment 1. You focus on patient/consumer's presentations, their triggers, at least 2 clinical manifestations, immediate and long-term management strategies, including therapeutic nursing interventions (CBT/de-escalation techniques, psychopharmacological interventions) and recovery-focussed multidisciplinary approach.

The interventions you select need to be ones that the nurses can carry out rather than something that you would refer the patient (e.g. electro-convulsive therapy).

The contents under nursing impression and management plan need to reference the sources of your information using APA 7th in order to support the evidence-based nature of your interventions. Referencing does not contribute to the word count.

2). Progress notes/ Nursing notes: 500 words (+/- 10%).

Document all relevant aspects of the case in the case notes (progress notes). Ensure to include all relevant aspects of the MSE, assessment of relevant details relating to the patient's presentation, relevant safety issues and risk assessment, including strategies nurses would follow to communicate with the consumer/patient. **NOTE: You will need to submit the completed MSE and Risk Assessment as evidence in an appendix to your case notes.** These documents do not contribute to the overall word count.

Please, note that the progress notes do not need referencing.

Referencing

Please provide relevant evidence-based references at least 7 to 10 used for this assignment, using appropriate APA 7th style for citing and referencing research. Please see more information on referencing here http://library.laureate.net.au/research_skills/referencing

Submission Instructions

Submit this task via the **Assessment** link in the main navigation menu in MHC303: Mental Health Care after checking through SafeAssign. The Learning Facilitator will provide feedback via the Grade Centre in the LMS portal. Feedback can be viewed in My Grades.

Academic Integrity

All students are responsible for ensuring that all work submitted is their own and is appropriately referenced and academically written according to the [Academic Writing Guide](#). Students also need to have read and be aware of Torrens University Australia Academic Integrity Policy and Procedure and subsequent penalties for academic misconduct. These are [viewable online](#).

Students also must keep a copy of all submitted material and any assessment drafts.

Special Consideration

To apply for special consideration for a modification to an assessment or exam due to unexpected or extenuating circumstances, please consult the [Assessment Policy for Higher Education Coursework and ELICOS](#) and, if applicable to your circumstance, submit a completed [Application for Assessment Special Consideration Form](#) to your Learning Facilitator.

Assessment Rubric

Assessment Attributes	High Distinction (Exceptional) 85-100%	Distinction (Advanced) 75-84%	Credit (Proficient) 65-74%	Pass (Functional) 50-64%	Fail (Yet to achieve minimum standard) 0-49%
<p><i>Identify key issues from the patient/consumer's presentation, mental status examination (MSE) & risk assessment (RA)</i></p> <p>Percentage for this criterion = 10%</p>	<p>Demonstrates exceptional knowledge of mental health by</p> <ul style="list-style-type: none"> Advanced analysis of the mental state examination, assessment of the patient's presentation, relevant safety issues and risk assessment. All relevant information has been interpreted, summarised 	<p>Demonstrates advanced knowledge of mental health by</p> <ul style="list-style-type: none"> Advanced analysis of the mental state examination, assessment of the patient's presentation, relevant safety issues and risk assessment. All relevant information has been interpreted, summarised 	<p>Demonstrates proficient knowledge of mental health by</p> <ul style="list-style-type: none"> Advanced analysis of the mental state examination, assessment of the patient's presentation, relevant safety issues and risk assessment. All relevant information has been interpreted, summarised 	<p>Demonstrates a functional knowledge of mental health by</p> <ul style="list-style-type: none"> Advanced analysis of the mental state examination, assessment of the patient's presentation, relevant safety issues and risk assessment. All relevant information has been interpreted, summarised 	<p>Demonstrates a partially developed understanding of mental health by</p> <ul style="list-style-type: none"> Advanced analysis of the mental state examination, assessment of the patient's presentation, relevant safety issues and risk assessment. All relevant information has been interpreted, summarised

<p>Relevant clinical manifestations identification and Evidenced Mental Health Nursing based interventions are recorded as part of the management plan compiled for the consumer</p> <p>Percentage for this criterion = 40%</p>	<p>Demonstrates exceptional knowledge and skills for identification of related symptoms of the case and uses psychiatric terminology appropriately. High standard of evidenced based Mental Health Nursing Interventions which are aligned to the symptoms and are accurate, concise and complete</p>	<p>Demonstrates advanced knowledge and skills for identification of related symptoms of the case and uses psychiatric terminology appropriately. High standard of evidenced based Mental Health Nursing Interventions which are aligned to the symptoms and are accurate, concise and complete</p>	<p>Demonstrates proficient knowledge and skills for identification of related symptoms of the case and uses psychiatric terminology appropriately. High standard of evidenced based Mental Health Nursing Interventions which are aligned to the symptoms and are accurate, concise and complete</p>	<p>Demonstrates functional knowledge and skills for identification of related symptoms of the case and uses psychiatric terminology appropriately. High standard of evidenced based Mental Health Nursing Interventions which are aligned to the symptoms and are accurate, concise and complete</p>	<p>Demonstrates a partially developed knowledge and skills for identification of related symptoms of the case and uses psychiatric terminology appropriately. High standard of evidenced based Mental Health Nursing Interventions which are aligned to the symptoms and are accurate, concise and complete</p>
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<p><i>Recovery focussed multidisciplinary approach</i></p> <p><i>Knowledge and understanding about recovery concept and role of multidisciplinary teams to enable consumers achieve recovery goals</i></p> <p>Percentage for this criterion = 20%</p>	<p>Demonstrates exceptional knowledge of:</p> <p>Recovery concepts and principles in context of mental health</p> <p>Identification and collaboration with multi-disciplinary professionals and teams including their roles, which enable consumer to achieve the recovery goals</p>	<p>Demonstrates advanced knowledge of:</p> <p>Recovery concepts and principles in context of mental health</p> <p>Identification and collaboration with multi-disciplinary professionals and teams including their roles, which enable consumer to achieve the recovery goals</p>	<p>Demonstrates proficient knowledge of:</p> <p>Recovery concepts and principles in context of mental health</p> <p>Identification and collaboration with multi-disciplinary professionals and teams including their roles, which enable consumer to achieve the recovery goals</p>	<p>Demonstrates functional knowledge of:</p> <p>Recovery concepts and principles in context of mental health</p> <p>Identification and collaboration with multi-disciplinary professionals and teams including their roles, which enable consumer to achieve the recovery goals</p>	<p>Demonstrates a partially developed knowledge of:</p> <p>Recovery concepts and principles in context of mental health</p> <p>Identification and collaboration with multi-disciplinary professionals and teams including their roles, which enable consumer to achieve the recovery goals</p>
<p>Case notes (progress notes) includes clear and accurate documentation of all relevant aspects of the case, including the mental state examination assessment of the patient's presentation, relevant safety issues and risk assessment</p>	<p>Case notes (progress notes) include advanced documentation of all relevant aspects of the case, consistent – terminology, succinctness of the information.</p>	<p>Case notes (progress notes) include very good documentation of all relevant aspects of the case.</p>	<p>Case notes (progress notes) include good documentation of the most relevant aspects of the case.</p>	<p>Case notes (progress notes) include basic, but sometimes limited documentation of relevant aspects of the case.</p>	<p>Case notes (progress notes) do not include clear and/or accurate documentation of all relevant aspects of the case.</p>

Percentage for this criterion = 20%					
<p>Correct referencing and citation. Correct use of APA 7th referencing</p> <p>Percentage for this criterion = 10%</p>	Demonstrates advanced level of research on the topic. Excellent use of in-text referencing. APA 7 th referencing is accurate and free from errors.	Demonstrates high level of research on the topic. Very good use of in-text referencing. APA referencing is accurate and free from errors.	Demonstrates moderate level of research on the topic. Good use of in-text referencing. Referencing resembles APA, with occasional errors.	Demonstrates basic but limited research on the topic. Some in-text referencing used. Referencing resembles APA, with frequent or repeated errors	Does not demonstrate research on the topic. No in-text referencing used. Referencing is omitted or does not resemble APA.

The following Subject Learning Outcomes are addressed in this assessment	
SLO c)	Examine and apply nursing interventions and selected cognitive and behavioural techniques in the care and management of people with mental health conditions SLO
SLO d)	Demonstrate appropriate person-centred care including comprehensive documentation and appropriate referral within a multi-disciplinary team.
SLO e)	Demonstrate skills in the interprofessional clinical management of specific psychiatric conditions. SLO
SLO g)	Demonstrate appropriate person-centred care including comprehensive documentation and appropriate referral within a multi-disciplinary team