

NUR341 Assessment 2

Assessment type: Written Assignment

Word count: 2000 words +/- 10%

Value of total mark: 40%

Related learning outcomes: 1,3,4,5,6

Due date: Week 7: Monday 24th April 2023 22:00hrs ACST

Submission point: Turnitin

Learning outcomes

1. Demonstrate knowledge of the ageing process and associated complexities and relevant nursing care.
3. Identify the range of services available to older people across the continuum of care.
4. Initiate and implement the nursing process to deliver appropriate, quality nursing care to older persons displaying different conditions and in a range of environments.
5. Examine comprehensive assessments of the older person.
6. Assess the importance of the role of the nurse in the interdisciplinary approach to care planning and implementation of care.

Assessment requirements

Relevance: The global population is ageing at an increasing rate, and the elderly population make up the majority of patients in acute care and aged and community care services. It is essential that registered nurses understand the ageing process and care considerations for the ageing population.

This assessment provides an opportunity to apply the knowledge gained in this unit to demonstrate an understanding of the ageing process and clinical reasoning when caring for an elderly patient.

Case Study

IDENTIFY: Mrs. Rose Mills is a 75-year-old Caucasian lady

SITUATION: Rose was admitted to the rehab ward following a fall resulting in a fractured L) hip and hip replacement 1/12 ago.

BACKGROUND: Rose ordinarily resides in a nursing home in Sydney and suffers from dementia. Rose is a widow with two adult children who visit her regularly in the nursing home. Her medical history includes Hypertension, Type 2 diabetes, Angina, Hypercholesteremia, Asthma, and Osteoarthritis. Complete hysterectomy 30 years ago for treatment of endometrial cancer. Nil Known Allergies. She used to smoke 20 cigarettes per day but ceased smoking two years ago. Her BMI is 30.

Rose's mother died at 86 from Alzheimer's disease, and her father died at 76 from lung cancer.

Regular medications include:

Aspirin 100mg mane

Perindopril 2mg mane

Metformin XR 2g mane

GTN 600mcg tablets S/L prn

Osteo paracetamol 1330mg TDS

Salbutamol inhaler 2-4 puffs PRN

ASSESSMENT: Rose looks well, she has been mobilising daily with the physios with a 4 Wheely Walker.

Her observations are within normal parameters. She has 2/10 pain to her L) hip.

RECOMMENDATIONS: Continue ambulation, monitor observations twice daily.

Task Instructions: Write paragraphs responding to the following THREE question prompts and the case study information provided.

Question 1: Discuss how the ageing process has contributed to Rose's fall and fractured hip.

Question 2: Use the clinical reasoning cycle to discuss the priority assessments and plan of care for Rose.

Question 3: Analyse the role of the registered nurse as a collaborator as part of the interdisciplinary team involved in the care of Rose.

Suggested procedure

1. For question 2, Identify THREE priority assessments and detail the goal or purpose of each assessment. Some examples of assessments that can be included are:
 - Falls assessment
 - Comprehensive geriatric assessment
 - Functional assessment
 - Pressure injury risk assessment
 - Cognitive assessment
2. When answering question 2, explain how each assessment relates to Rose's presentation and explain how the nurse manages abnormal findings.
3. When answering question 3, You may wish to use the following resources:
 - <https://www.racgp.org.au/getattachment/6dcd5b6b-3acb-4ef2-ba2b-efc358f62513/Collaboration-and-multidisciplinary-team-based-car.aspx>
 - <https://www.tandfonline.com/doi/full/10.1080/13561820.2019.1636007>
 - Marsden, Elizabeth, et al. "Nurse-led Multidisciplinary Initiatives to Improve Outcomes and Reduce Hospital Admissions for Older Adults: The Care Coordination through Emergency Department, Residential Aged Care and Primary Health Collaboration Project." *Australasian Journal on Ageing*, vol. 37, no. 2, 2018, pp. 135–39, <https://doi.org/10.1111/ajag.12526>.
4. Review the question points and the subpoints highlighted above.
5. Write your response, focussing on effective use of [paragraphs](#) to divide the discussion into sections. Suggested word limits:
 - a. Question 1 approx. 500 words
 - b. Question 2: approx. 1000 words
 - c. Question 3: approx. 500 words
6. Support your points with a minimum of 10 references. Use the [Library search page](#) and/or [databases](#) to locate appropriate journal articles.

Presentation guidelines

Word length: 2000 words +/- 10%, including the in-text citations. The reference list is NOT included in the word count.

Structure: short answer format. Use the questions as sub-headings. Include a title page with assessment number, title of your topic, submission date, full name, and student number.

Font: Calibri or Times New Roman size 11

Line spacing and alignment: 1.5 or double spacing with left-blocking for paragraphs. Indents are NOT required.

Page numbers: number pages in the bottom right-hand corner

Student identification: add the following in the footer *name_student number_NUR341_Assessment 2*

Referencing: use [CDU APA 7th 2022 edition](#) referencing. Use peer-reviewed articles with the last 10 years.

Support for this assignment

Research: [contact a CDU librarian](#) for guidance. Review the content of the [Nursing Libguides](#) on the Library website.

Academic Skills: [contact a Language and Learning Advisor](#) for support.