

CHCAOD001 – Work in Alcohol and Other Drugs Context

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KNOWLEDGE QUESTIONS

Purpose of this Assessment

This assessment task is designed to assess your knowledge of the:

- Impact of current and changing social, political, economic and legal contexts of AOD
- Historical, current and emerging models of alcohol and drugs practice and their evidence base
- Legal and ethical considerations in AOD work and how they are applied in organisations and individual practice
- Specific contexts of AOD work and their characteristics
- Values and philosophies of the AOD sector
- Social constructs of the AOD sector and the impact of own attitudes on working with people affected by AOD
- Historic, current and emerging patterns of drug and alcohol
- Services, prevention and intervention strategies available to AOD clients
- Risks and mitigation strategies when working with people affected by alcohol and/or drugs
- Drug fundamentals

Student Instructions

This assessment task contains Short Answer Questions where you need to provide a response in your own words to demonstrate your knowledge and understanding of the unit. Carefully read through each question and reflect on your learning in this unit, including any additional research you have conducted.

Please note: Where your response does not sufficiently address all the question components, your submission will be returned to you for resubmission.

Assessment Conditions

- This assessment is untimed
- You may refer to your learning materials during this assessment
- You must read and respond to all questions
- Answers must be typed and submitted through My eCampus for assessing
- You must complete the task independently

- No marks or grades are allocated for this assessment task. The outcome of the task will be Satisfactory or Not Satisfactory
- As you complete this assessment task, you are predominately demonstrating your written skills and knowledge to your trainer/assessor

Knowledge Questions

Question 1

Describe each stage in the change model. Explain how this model is useful in a community service setting.

Question 2

Discuss the role of AOD interventions as a public health strategy.

Question 3

a. There are times when a client may disclose something to you, and you are required by law to break confidentiality and report it. Identify two (2) examples of when you need to disclose such information.

b. What are three ways you can uphold a client's privacy and right to confidentiality?

Question 4

Discuss the role of codes of practice in providing AOD support, referencing the code of practice relevant to your sector or organisation.

Question 5

Research codes of conduct for the sector of community service you work in or want to work in.

Identify the name of the code of conduct and three (3) important points for how workers should conduct their practice.

Question 6

Describe dignity of risk and its importance in self-determination and empowerment for people living with AOD issues.

Question 7

a. Describe mandatory reporting as it applies to the health and wellbeing of children and young people.

b. What is informed consent? How can you and your organisation apply this to your practice?

c. Use this link to answer the following questions about specific alcohol and other drugs legislation.

<https://www.health.gov.au/health-topics/drugs/about-drugs/drug-laws-in-australia>

Which drugs are legal in Australia?

Which legislative document outlines how a substance is restricted?

According to the Narcotic Drugs Act 1967, what can a medicinal cannabis license authorise?

Under which Northern Territory legislation is it illegal to supply a volatile substance to another person knowing they intend to inhale it?

Question 8

Although you may not be working directly with children and young people, there is the potential for you to become aware of potential child abuse or neglect in the course of your work. Mandatory reporting requirements vary by state and territory in Australia. Use the following table to identify the requirements of mandatory reporting relevant to your state or territory and your work role.

State/territory	
Who is mandated to report?	
What must be reported?	
Abuse and neglect types that must be reported?	
Relevant legislation	

Question 9

Working in a community services role carries several legal and ethical obligations.

Under the following headings, identify the:

- The relevant legal or ethical document (legislation, declaration etc)
- How you must apply this in your practice
- How organisations must apply this in their services

a. Anti-discrimination legislation

Relevant legal/ethical document	
Applied in practice	
Organisational application	

b. Duty of care

Relevant legal/ethical document	
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Applied in practice	
Organisational application	
c. Human rights	
Relevant legal/ethical document	
Applied in practice	
Organisational application	
d. Work health and safety	
Relevant legislation	
Applied in practice	
Organisational application	

Question 10

- a. List at least five strategies you could use to maintain professional boundaries with clients and members of the care network.

- b. Why is it important to maintain clear work role boundaries?

Question 11

- a. What are the eight (8) different contexts for AOD work? Give a brief description of each one's characteristics.

- b. Explain how the provision of AOD support and services might differ depending on the context.

Question 12	
Give a brief description of how each of the values and philosophies below are applied to the AOD sector.	
Value/philosophy	Description
Harm minimisation	
Recovery	
Person-centred approach	
Empowerment	
Health promotion (as per the Ottawa Charter)	

Question 13
There are five typical patterns of drug use- experimental, recreational/social, situational, intensive, and dependence. Describe each pattern.

Question 14
a. The stages of withdrawal will depend on the drug being used, how long the user was dependent on the drug, and the amount of drug being used. Explain the stages of alcohol withdrawal.
b. What are ten (10) symptoms of withdrawal?
c. Discuss how drug use affects an individual's mental and physical health, as well as their cognitive, social, and emotional development.

d. How does an individual's drug use affect the people around them?

Question 15

a. The following table lists some commonly prescribed mental health medications. Describe how these medications interact with alcohol and marijuana.

Prescription drug	Alcohol	Marijuana
Diazepam		
Risperidone		
Efexor		

b. What is polydrug use?

c. For each of the following types of polydrug use, identify how these drugs interact and what the side effects can be. You may need to conduct extra research to answer this question.

Mixing Depressants	
Mixing stimulants	
Mixing depressants and stimulants	
Mixing medications	
Mixing alcohol	

Question 16

Complete the table below by matching the rights and responsibilities to who they belong to regarding AOD services.

Person	Rights	Responsibilities
	<ul style="list-style-type: none">To expect reasonable work performance from their staff	<ul style="list-style-type: none">Protect their staff and clientsProvide a safe workplaceProvide adequate policies and proceduresEnsure staff are appropriately

		trained
	<ul style="list-style-type: none"> • Be treated with respect • Refuse service to anyone who abuses or threatens them • Be provided with accurate information for treatment 	<ul style="list-style-type: none"> • Inform the client of your scope of practice • Comply with all legislation and industry requirements • Assist clients to the best of their ability
	<ul style="list-style-type: none"> • Access health care • Considerate, quality, respectful and safe care • Clear and easy to understand information • Make a complaint • Access an interpreter 	<ul style="list-style-type: none"> • Show respect to all staff and other clients and visitors • Respect the privacy of others • Provide enough information to enable staff to provide appropriate service • To participate in decisions • Follow safety recommendations

Question 17

a. Drugs are classified by how they affect human bodies. Provide a description of each of the below classes, including the primary properties and harms.

Drug class	Primary properties and harms
Depressants	
Hallucinogens	
Stimulants	

b. Drugs are also classified by how they are commonly used. Discuss each group below, including how they are administered.

Drug type	Description, including administration method
Alcohol	
Tobacco	
Psychoactive drugs	
Opioids	
Party drugs	

Prescription drugs	
Cannabis	
c. Do some research and write a brief overview of the current and emerging trends in drug types and their use. Ensure you write the research in your own words.	

Question 18

There are a range of risk and protective factors that can influence an individual's alcohol and drug use. Research these and identify five (5) risk factors and five (5) protective factors/mitigation strategies.

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Question 19

a. What are five (5) types of services available to clients needing support with alcohol and drug issues?

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b. Do some research and identify three (3) prevention and intervention strategies for supporting clients with AOD issues.

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Question 20

The National Quality Framework for Drug and Alcohol Treatment Services provides a nationally recognised document that serves both as a policy framework and practice standard for work in alcohol and drug services. Access this document online to answer the following questions.

a. What is the purpose of this framework?

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b. What are the nine (9) guiding principles?

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c. Explain the relevance to AOD of planning and engagement.

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Question 21

Each state and territory will have a version of practice standards for AOD care and service delivery. As an example, we will look at both New South Wales's Clinical Care Standards: Alcohol and Other Drug Treatment and Victoria's Alcohol and other drug treatment principles.

a. Access the NSW Clinical Care Standards online to complete the following table.

Principle	Practice

b. Access Victoria's treatment principles online and identify the eleven (11) principles of practice.

Question 22

Research records management practices in community services and identify the responsibilities of managers and staff have to uphold their legal obligations.

Submission Instructions

Please proofread your work and save a copy of your assessment to keep in your own records.
Save the document to include your name in the file for example:

CHCAOD001 – Knowledge Questions – Your Name

Submit your completed assessment for marking by your assessor.

Assessor Overall Feedback			
Satisfactory		Not Yet Satisfactory	
Date:		Date:	
Comments:			